

## Facilities & Activities

### **Adventure of a Lifetime**

All Enquiries 205450

The Adventure of a Lifetime is your opportunity to backpack around an exciting and distant country, supported by experienced staff, having done all the planning and preparation yourselves. Previous destinations have included Thailand, Peru, Morocco, Mexico, Costa Rica and Cuba.

Some of the previous highlights for students have included Elephant trekking, staying in the Sahara Desert, White-water rafting, living on Caribbean beaches and zip-wiring through mountain rain forest.

If you want to meet new people, visit exotic locations and learn about other cultures, then the Adventure is for you. There will be a meeting towards the end of the autumn term for anyone interested in joining this year's trip.

### **Beauty Treatments**

All Enquiries 205821

The College Beauty Therapy department at the Lansdowne offers a range of discount beauty treatments including manicure, epilation and waxing. For appointments and costs give them a call on the above number.

### **Bookshops**

Bournemouth 205336, Poole 205315

There are bookshops at both The College main sites which provide stationary items, phone cards, mobile phone top-up cards and stamps as well as books for college courses. Many books are immediately available whilst others can be ordered with a short delivery time. Opening times are 8.45-11.30a.m. and 12.00-2.15a.m.

### **Cafeteria**

All Enquiries 205676

The cafeterias at North Road, Constitution Hill and The Lansdowne are open from 8.30am, five days each week.

Each provide a wide range of refreshments, hot and cold food and snacks.

The cafeteria at North Road and Lansdowne staff lounge also open on a Saturday morning.

### **Cars, Motorbikes and Bikes**

Please drive / ride carefully and sensibly in and around college. Failure to do so may result in disciplinary action being taken. (See also section on Parking).

### **Childcare Support**

All Enquiries

The College Student Support Funds may be able to help with the costs of childcare. Please contact Student Support for more details on 01202 205877.

**Please see the section on Sunshine Nurseries for details of The College's in-house nursery provision.**

### **Dance, Drama & Music**

All Enquiries 465468

The Centre for 6th Form and the Arts provides a number of opportunities for students to take part in Dance, Drama and Music.

If you are interested in finding out more please call the number above or ask in Student Services. If you are particularly interested in Dance check out the Advert on page ???

Insert 2/3 Page Advert to include the following information:

Free - Open Sessions in the Dance Studio at North Road

**Monday 5.30-6.30 Ballet**

Practical Class that aims to train you in basic ballet techniques. No prior experience is necessary but some simple ballet shoes would be useful.

**Wednesday 5.15-6.15 – Contemporary Dance**

A technique class that aims to train strength and flexibility as well as dance skills. The session will involve floor work, exercises and routines.

**Thursday 5.30-7.00 – Jellicoe Dance Group**

This session is designed to gain skills in dance choreography and group work, working with stimulus and themes to create work.

**Examinations**

All Enquiries 205248

Your tutor is responsible for ensuring that you are entered for the right examinations. If however you have any queries and your tutor is unable to help then please call Information Services on the above number.

If in the past you have had special arrangements for taking examinations e.g. extra time, reader, adapted papers etc, or you think you may need some, it is essential that you tell your tutor and the Exams Office at the earliest opportunity.

**Facilities**

If you have any queries or comments about any of the following, or need to report a problem, please contact a member of staff or Reception who will take the appropriate action.

- Car Parking
- Grounds
- Environment (Heating, Lighting, Décor)
- Cleaning
- Toilets

**Hairdressing**

All Enquiries 205822

A range of hairdressing services are available in The College Salons at the Lansdowne at extremely cheap prices. If you need highlights or high hair, crew cut or colouring simply give them a call on the number above.

**IT Support**

Bournemouth 205742, Poole 205628

- A team of staff provide maintenance, repair, installation and upgrade services to all college IT systems & networks. They are responsible for:-
- Advice on use of applications.
- Rectification of all faults on college IT equipment.
- Maintenance of data security and integrity. However, students must take responsibility for back up of all their own data and coursework.
- Monitoring all usage for suitability.
- Please note that any student abusing the network or Internet will be subject to disciplinary measures.

### **Learning Resource Centre**

Bournemouth 205801, Poole 205633,  
Constitution Hill 465914

The LRC's offer a wide range of resources to help with your course. These include:

- Ñ Books
- Ñ Magazines
- Ñ Online Databases
- Ñ Newspapers
- Ñ Access to the Internet
- Ñ Videos

You can also book quiet study areas and project rooms.

All students are entitled to a free Student Card, available from the LRC, which will allow you to borrow books and use the Open Access IT rooms.

### **Lost Property**

Bournemouth 205763, Poole 205627

Please take care not to leave any valuable or personal items unattended. It is your responsibility to ensure that you look after personal possessions. Some areas do provide lockers so where possible you are advised to use them.

If you do find any items then please hand them into the nearest reception or security office. If you have lost anything then please report it to the Security Office.

### **Mentoring Projects**

All Enquiries 205255

The College is keen to encourage students to support others in a variety of ways. These include helping young people with the move from school to college, working with other students to raise awareness on issues such as sexual health and supporting students who may be having difficulties with reading or writing. For more information call the Student Support Team on the above number.

### **Millennium Volunteers**

All Enquiries 205736 or 01202 467000

Millennium Volunteers (MV) is a national initiative that offers anyone aged 16 – 24 the opportunity to be recognised for their skills and interests and their contribution they make to their community. Here at The College MV can help you get involved in a wide range of projects and organisations that can help you fulfil your potential. Whether you're into music, DJ'ing, computers, sport, films, helping others, arts and crafts, the environment, helping the homeless or whatever – there's something for you.

You may already be doing something (e.g. Student Rep, youth work etc) for which you could be accredited. We can also give you support in creating a new project or group (e.g. poetry group, fundraising team, DJing project etc) You will receive nationally recognised Awards and Certificates for your work that will be welcomed by employers and Universities across the entire country. We also offer MV's free training, travel expenses, support, trips and much more.

If you would like to find out more about volunteering at The College then contact Nigel on 0797 3233195 (phone or text) or pop along to a drop-in. Tuesday at North Road (The Link) 12.30-1.30, Wednesday Lansdowne (main Reception) 12.30-1.30

### **Open Access Centres**

Bournemouth 205461, Poole 205990

Four IT centres throughout The College provide access to IT equipment for all students. They can be found at North Road LRC, the IT Learning Zone Open Access Centre and The IT Centre (Constitution Hill). Facilities include:

- Ñ Internet and college Intranet access
- Ñ MS Office and other applications
- Ñ Scanners & Printers
- Ñ Purchase of consumables (e.g. disks and paper)

- Ñ On-line courseware access
- Ñ Tutorial sessions

**Teaching Rooms** - In addition to the designated Open Access centres you can make use of unused machines in teaching areas with the permission of the tutor and providing it does not disturb the class who are in there.

### **Parking**

There is very limited parking available at all sites of the college and is severely restricted in the surrounding areas. At the Lansdowne Site, this has meant that we have introduced a permit system for students – application forms are available from Reception at the Lansdowne.

Where possible you should look to find an alternative method to travel to college. Please note that you should only park in areas designated for students.

### **Security**

All Enquiries 205626 (Poole), 205763 (Lansdowne). Emergency 222

Whilst we do our best to ensure that The College is a safe place for you to be, we need you to assist us in this. If you have concerns about any of the following then please tell the nearest member of staff or report it to the Security Office.

- Ñ Violent or threatening conduct
- Ñ Suspicious people on site
- Ñ Deliberate damage to college or personal property
- Ñ Drug abuse

### **Soccer Teams**

All Enquiries 205817

The College runs Soccer teams at Under 19 level. If you have played to a reasonable level and want to try out for either team look out for the posters with the trial dates. There is also a big inter-departmental 6-a-side tournament which takes place in March with male and female competitions running. More details about this will be available in the Spring Term.

### **Sport & Recreation**

All Enquiries 205450

There may be chances throughout the year for students to take part in recreational activities such as Tai Chi, Karate, Table Tennis, Aerobics etc. Please check the student notice boards for more information. (See also sections on Dance, Drama and Music and Students Union).

**Supporting Success** - If you play a sport to a high level and would like to represent the college in regional and national championships then please contact the Student Support Team on 205450 for more details. Sports supported in the past include Judo, Athletics, Tennis & Cricket.

Insert 1/3 page advert to include the following information:

<b>Thursday 1.15-2.00 Fitness Training / Circuits – Dance Studio - Free</b>
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A 45 minute intense aerobic and resistance based session including lots of different ways of training strength and fitness.
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### **Student Logins & E:Mail**

As a student enrolled at college you are entitled to a login to the college network which gives you access to lots of applications including: MS Office, Publisher, programming languages, on-line learning materials, Internet and The College Intranet. Your e:mail address will be:- <login>@bpc.ac.uk

You will need to ask your tutor for your login details - unfortunately MITS are unable to provide this information directly to students.

### **Studentship Book Scheme**

All students on full-time courses are entitled to a set of course books for the year as designated by your course team. There is a fee for this which, you will have been advised of when you were interviewed, plus a £10 refundable deposit. This will have normally been paid when you enrolled.

Remember that in addition to Studentship books you can purchase your own books from The College bookshops.

### **Students Union**

Bournemouth 205737, North Road 205431,  
Constitution Hill 465476  
Website: [www.bpcsu.com](http://www.bpcsu.com)

**SU Cards** - Any full or part time student at The College is entitled to a FREE Students Union card which in turn offers the holder access to numerous discounts locally and nationally.  
**Common Rooms / Offices** - All the main sites of college have SU run Common Rooms with pool tables, video games, and other entertainment's which are a great place for meeting other students. There is an SU Office in each Common Room where SU cards are issued and information, advice or just a friendly chat is offered.

**Entertainment** - The SU arrange numerous events each year at "Student friendly" prices. They have included:

- \* The infamous Christmas Ball
- \* Parties
- \* Learn to surf Weekends
- \* Trips to Alton Towers, Eurodisney and abroad
- \* Christmas shopping excursions
- \* Camping weekends

**Representation** - The Students Union is affiliated to The National Union of Students, which represents students nationally and lobbies parliament on student affairs. The SU is able to support, advise and represent any students who are facing disciplinary action.

**Welfare** - The SU works in close contact with the Student Support Services Team, referring students for advice and help. It also assists with health awareness programmes. We have contacts with outside agencies that are able to offer support for a number of issues.

**Charity Work** - The Students Union arranges a number of events to raise money for chosen charities. It also runs the annual Rag Week - seven days of fun and mayhem! Past events have included Bungee Jumps, Duck Races and Fire Walking.

**Clubs & Societies** - Any student who has a hobby, which is not already catered for, can apply to start up a club. Clubs which have been funded by the SU in the past, have included Extreme Sports Club, DJ Club, Outdoor Pursuits Club, Surf Club, Mature Students Society, 5-a-side Club and the Mountain Biking Club.

N.B. The Students Union operates to an agreed Code of Practice - copies of this are available from the Students Union and Reception.

### **Sunshine Nurseries**

Poole 205670 Bournemouth 205444

The Bournemouth and Poole College offers childcare facilities at our Sunshine Nurseries, based on our main sites at North Road, Poole and the Lansdowne, Bournemouth.

Both Nurseries are registered with Ofsted, providing a safe and stimulating environment for children aged 2-5 years whilst our Baby Unit at the North Road Nursery, cares for babies from 3 months to 2 years.

Our friendly staff are qualified and experienced childcare practitioners, who ensure all children are treated as individuals and nurtured within a happy and relaxed atmosphere. Sunshine

Nurseries offer flexible care times, enabling you to attend your course, knowing your child is happy and secure in a location close by. Parents are welcome to come and visit our Nurseries and meet the childcare teams. If you require any further information, would like to arrange a visit or reserve a place for your child, please contact the Nursery Manager on the above numbers.

### **Travel Services**

All Enquiries 205660

As a student you may be entitled to help towards the cost of travel depending on where you live. If you want to find out more about bus or train passes or college buses please contact us on the number above or ask in Student Services.

Lansdowne College students can use the University Bus Service – UNILINX – which supports the local area. Each ticket costs £3.00 and entitles you to 10 journeys, tickets are available from The College Bookshops or Reception if out of hours. Tickets are not available on the bus. Timetables and routes are available from Reception. (Please note this service only operates during University term times).